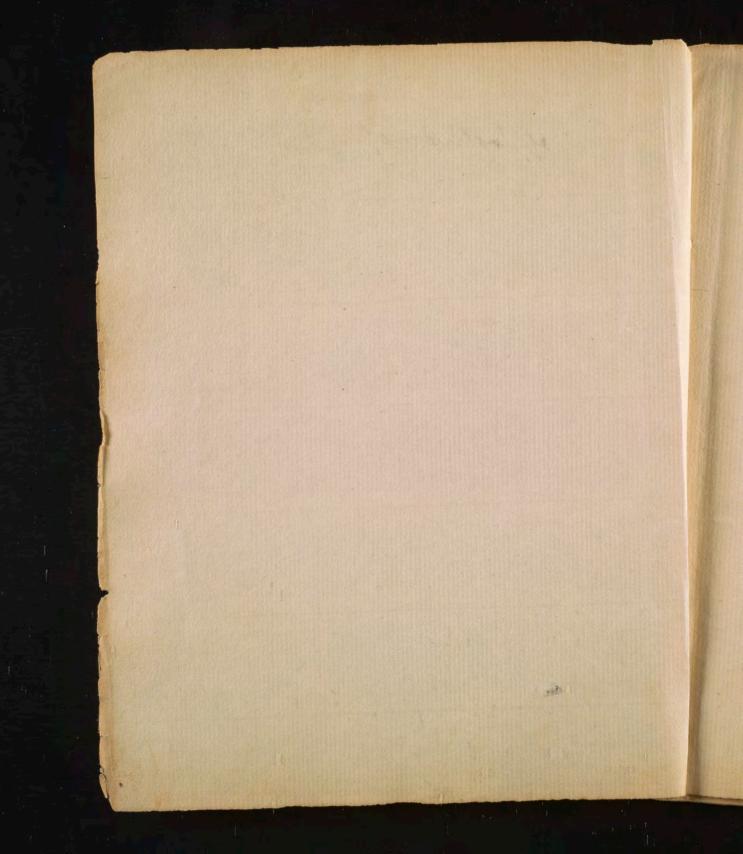
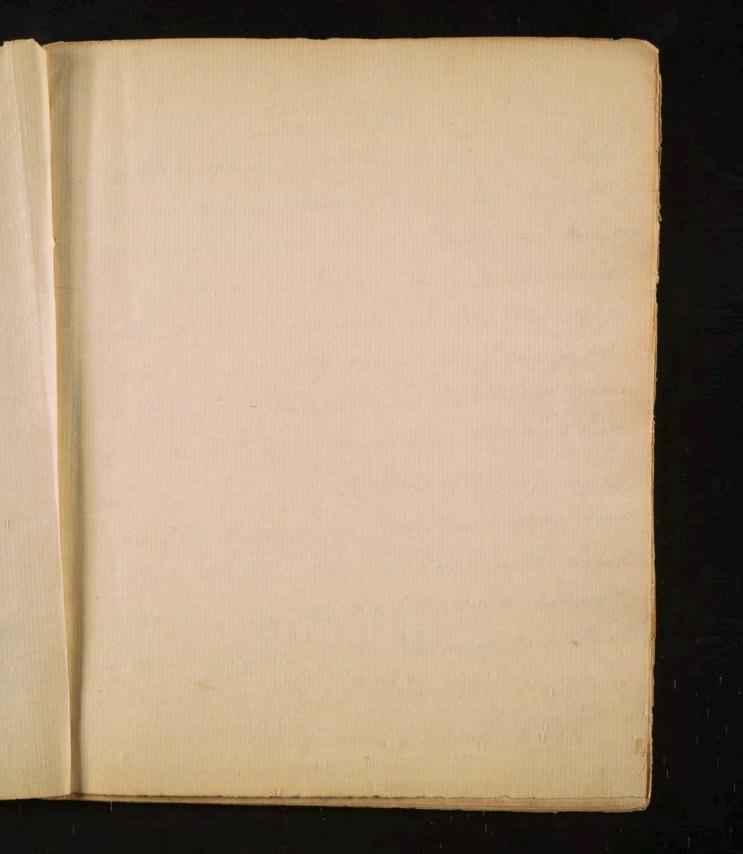
F 26 of Costivences.





23 se ha to

Costivenes

Costiveness is a relative term Some habits require two and three floods a day, while Others enjoy good health With but one on two floots in a week. This is the case with some ow people. Delighores says it is remarkally to in the Island of minorca. anaged and intelligent citizen of Philad cyclic informed me that he had seen a enan in the ftate of enw Jerry who had had but three floods in a year and erine Enoutho. The had been in the habit of puting up all his alment after it had imparted its mutitiones qualitiesto to the Stormach. Sailors often papolays and with without aftool. A fea Captain

a i De In to the second contract of the second second LEADER PROGRAMMES SERVICE STREET, STRE Th 01 which have been there were made and the same The thirty was heart with the second will be the second with the second was the second with t be The manner of the state of the th he and the first and the second of the stayed

had no evaluation from his brocks during a Voyage of between 30 and 40 days to his. - bon, and I have beard of a Lailor who during a Voyage of eight weeks had no ftool. In all these Cases the four are supposed to be absorbed by the bootsals hymphatics and conveyed out of the Lystens by other enunctories particularly by the pores. This is enable probable by the Analogy of pro being conveyed ant of the Lystensin a denicle this the dame, or down ofther Channel, by the foeal odon which is perceived in the persons hoho this retain this fores, and by no pain ba or pulling being perceived in the bowels, and by no more than the noval & natural quanti--tity of boses being discharged from the Operation of a purse after this

mo the ny in is ha The same of the party of the same of the s of AND THE RESERVE TO A PARTY OF THE PARTY OF T po A THE RESIDENCE OF THE PARTY OF en Un AND THE RESIDENCE OF THE PARTY tr A Commence of the second secon he the state of the second and animals are and the second to the second 211 motracted Costivenes. Viotevithstanding these deviations in the Dionomy of the bowels, most of people regnire a flood energy day in order to enjury good health. The morning is the time in which they an inchination to ftool is usually felt, and not more to from habit than muspits founded upon the Office I formerly ascribed to the bill. It may be tonsidered in every body as a purge taken over bright. The absence of this evacuation bring every day is attended in most people with unersines. It it occur more than one on two days it is often followed with pain, head ach, and fruent the Costiveness is a runte course of those morbid Lepsations. It originates in a fliretum fate of the

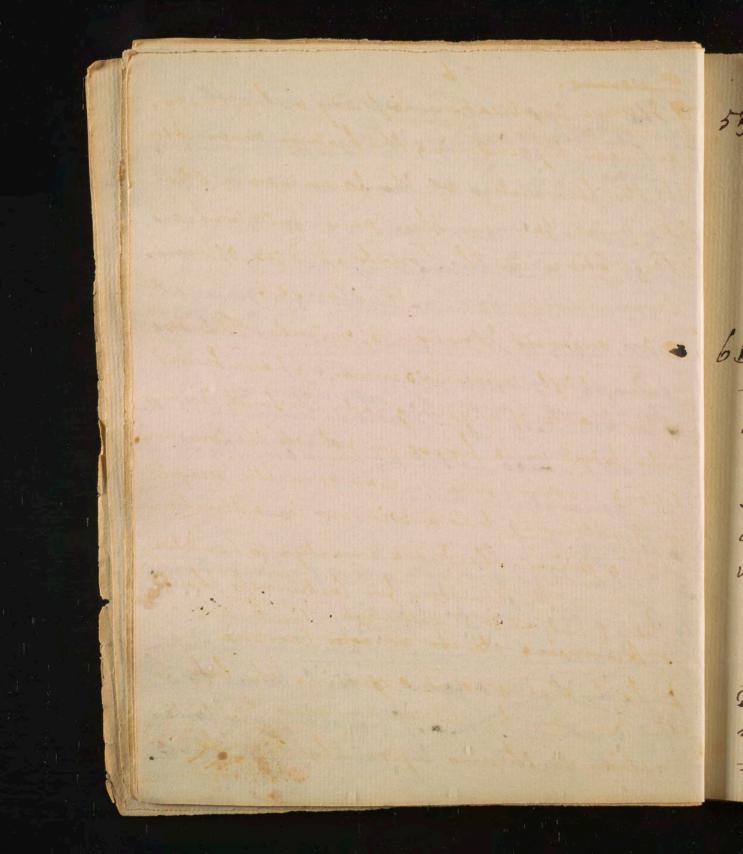
-201 Side the in fris of pa By elob un Ca h th 20 to

prepare of the bowels upon the de--surding a vota, and with pain in the Sides from the prepure of the bowels upon the liver and fplum. Ithen the four Hagnate, in the Restrens, they produce harmonhoids, fistuta in ano, and sometimes a Insperepion of Unive, was But these are but all parety the hurtful effects of Costiveness. By long loupinement the baces busine inducated, and as to regnice powerful Morts or Havining to discharge them, by which eneans suptures best pretigo, head ach apoplescy, and con-: sumption have been indued, togethers. Cases of which have come within my kumbbel. From these facts it is obvious that the come of this disease is not without danger, and that great pains should be taken to cure it.

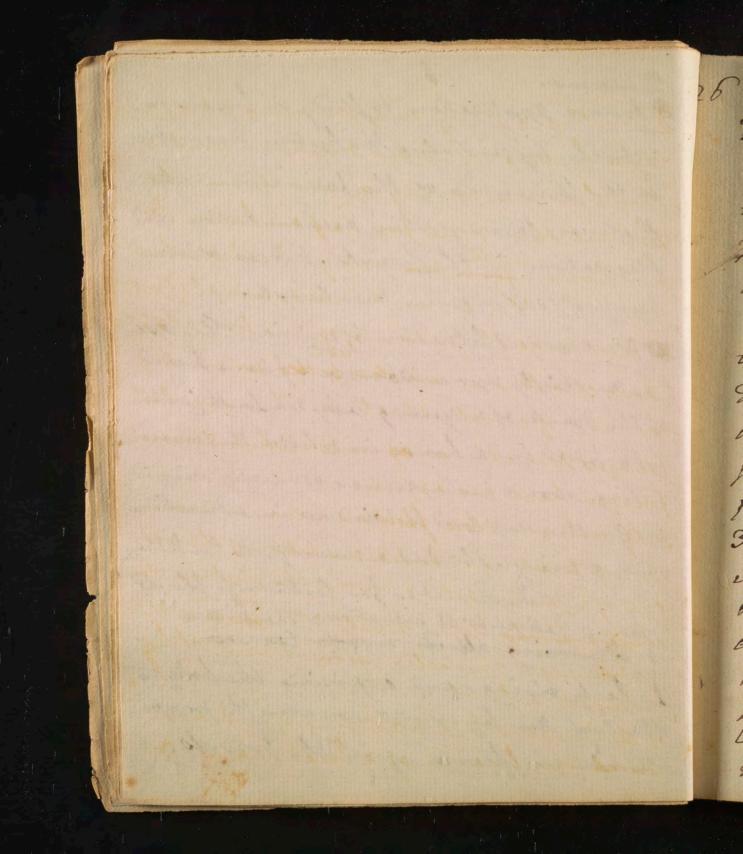
V 3 artain Historicting malters in the Rutum meh as hardned fours, a fish bone, Condylornata, and tow. I have known Costiveness to be indued by couch of those causes. The tow indued it in a Whild. It was thrust down its throat to silence it when it crued. 4 Worms.

I

The first are Direct and indirect
The first are Abinents & drinks particularly There and the red Wines. a a Sudden Change from a full to a low dit, and brie Wesse. The prisoners in our joil ahrays becomes costive for several weeks after their confinement from being Il the indirect Casepes of Costwench are modelle mechanics as sit at their employments are generally withine. 2 / failing. 3 Dreps that promote under perspiration. of Riding on homelack. Hestain Obstructing Inatters in the Resturn, quel as hardred fegles, a fish bone, tow and County lourage of hour known losting = neps to be indued by cach of these courses.



& wound. 5 9 Interse application to Study or business, which by undering the hystems insensible to the Stringeles of the Jaus upon the Rectures, Javeners their accumulation, and Hagnation in the browls . Judges often busine Costive from this Carese. 6 Dan enjoured fituation of privies. This upe-- rates chiefly upon women. I have heard of the death of a young lady in South Carolina who lodged in a house in which the Common Sitting worn which was generally very in by gentlemen) had a window in a direction with a privy . The vied a marty to herdeling. be I Radical & II pulliative. The France of Decrosing all its seconds Courses. I Early vising, and exposing the body to the Cool Dir by which means the pesspi-- ration is thrown upon the bowels.



2 Visiting a privy every morning at a cer--tain hour. In Loche's dicetions under this head are worthy of attention. The patient thould sit for half anhour to an hour upon the priny, during which time he should make oursional efforts to discharge the Contents of his bornels. These efforts one can the better when they are not of a violent crature. Thus gentle purges sometimes operate when Drustie purges have no effect. 3 By aring a Close floot in a evenen room in wood weather. The Sidative action of the cold his of a pring outing upon the Rection often abstracts the expects of the abdominal enuscles upon it, and thus merents aftool. 4 Orlanative diet masisting of Indian was com bread, or of a bread made of

V enou lignid the diet, the less aget it is to induce Costivenes.

6 where there is reason to believe Costiver = neps arises from a languor in the lives in secreting, and effusing title into the bowels, unbling the right live with a dry hand every morning & everings has been found useful. with this simedy Should be joined small doses of Calornel continued long end to affect the month. Should the liver evot be infault, the Calonel would be useful in existing the emischelan fibres and emisons glands of the bowels, and thereby overering the Courses of Louis 7 \$ botat heichous with a for hand,

-

1:

-

1.

-

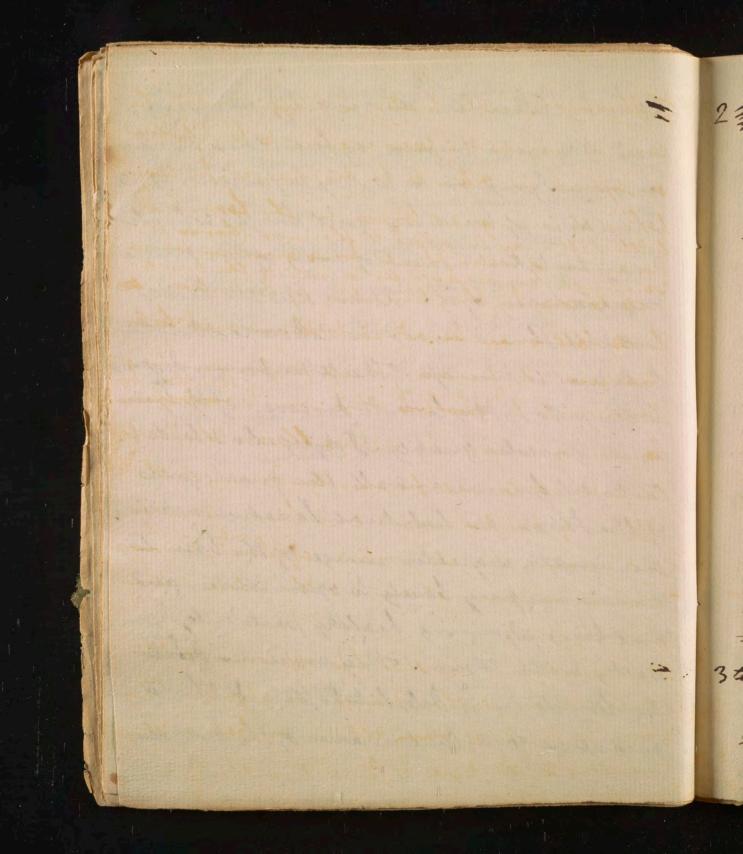
2

L

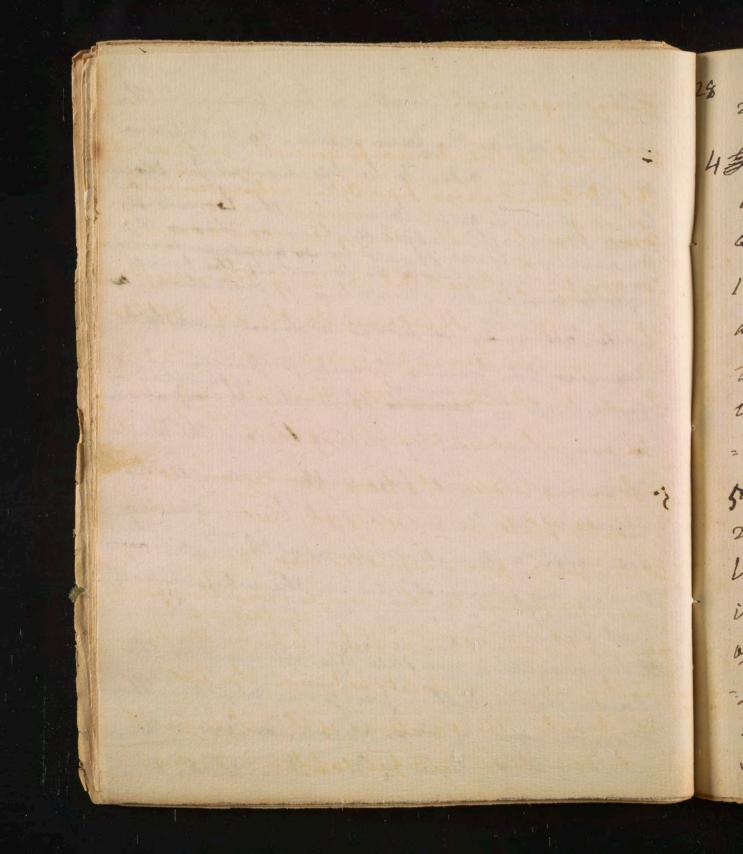
egral parts of wheat and Indian Com blown, vog lumaner fruits, and roas ted apples . The 5 artain Eneriumes that remove the topon These are Back, Iron, garling musters and homeradish. I have thus enumerated the radical Il mention truck pulliative agare culturated to obviate with revous open the bowels, & thus to obviete the hurtful effects of Costivenes. They are 18 Sulphur, breamer tarlar, mugnesia, prus ins and levitime blutrary & Rhubart. The last has an hor autage over them Allin being not any a pulliative, but a radical rundy for Continences, for while it pringes it bugo gives tone to the bowels, I have unlike most ofther medicines, the longer it is taken, Etre less quantity of it operates.

= or with Stimulanting Inbotances to the 8 what wonto be the effect of time what to the Spine? I mentioned fromuly that the bowels and other browns are liable to Ipinal paralysis as well us the limbs. It is possible the cause of the topid flats of the browls in løstivenep may originate in disoder in the Embella Spinatio.

If It may taken in the root by thining, in pills, in a Vinous, or Spiritores tireture or in a Typup or a Watery infusion. It is the basis of warners gout purge, which may be taken instead of any of the above preparations of it. alors, and the Butter but pill thould never be taken to obviate habitual costivenes. The dire former disposes to the pills, - the latter to discuses of the brain by its varestie quality. I object also to falts, Castor vil, genna, and all the grack pills of the thops as habitreal laxative britising They inilate a greater runge of the bowels, than is vecepary barely to open their, and Thus being adjurining healthy parts into dypur--pathy with them. They moreover delists the bowels in a debilitated thate, bethins predispose to a Continuance of the disease.

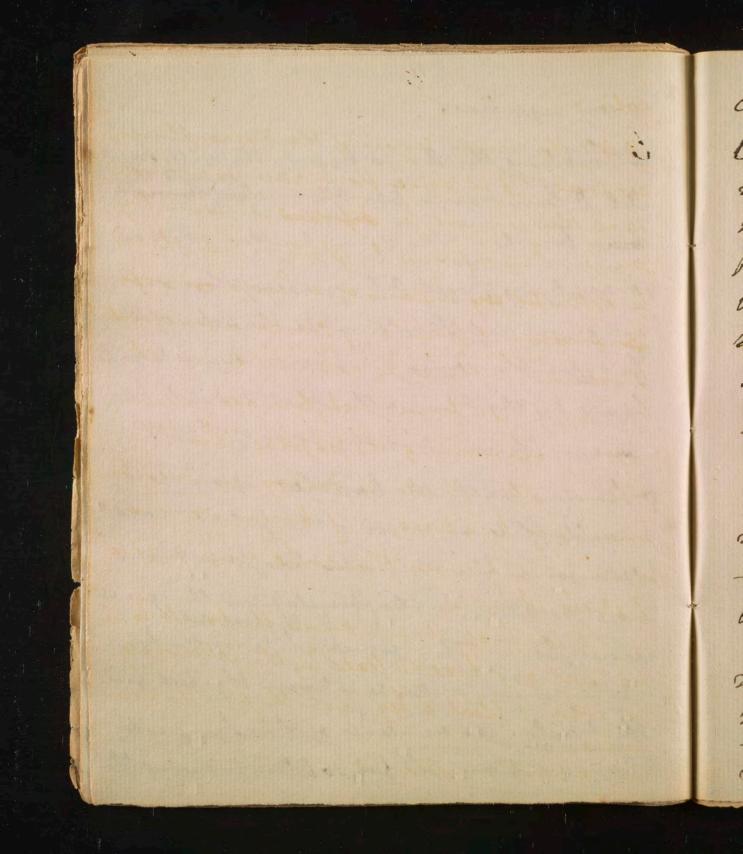


2 Jeflysters. Simple hater is sufficient in these Cases in which the feers require to be difsolved or loftned, in order to be discharged. In Chois Where there is great torpor in the bowels the little Palt may be adjed to them or the worth the great as to inside the bowels of entire the bowels of entire the bowels to the the bowels that the bowels that the bowels that the bowels that the bowels the flimeless of distention. little falt every be noted to the now words like Costicues by The french wisely prefer amoving Costicues by The than by to purges which by acting Upon the Whole intestinal Canal frequently derange the Offices of the Stormach and liver. glysters module no la time to them and their produce no commotions in the whole intotiz -wal System. 3 Despossituies are Still less offensive to the bowels than either purses or ghysters. They may be made of ways allem, or Soaps or Way anording to the degree of Stimulus the Rutur



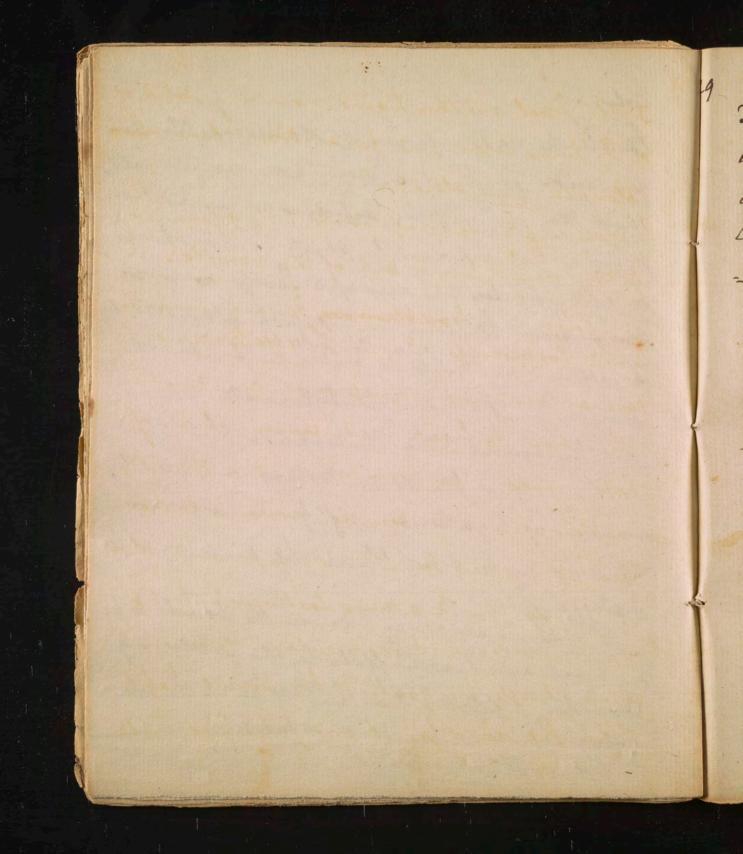
may require.

Wil DeBonet says has Often relies more down bowels. The dame anther advises 10 applying Sweet Oil, or any other soft and emollient Substance to the Joles of the but for the same purpose. They relay the bowels by the Lyangeathy that Dubsists be = two een them, and the foles of the feet. 5+ Standing with the bare feet report cold marble flate, or putting the feet in cold Water for a few minutes has formetimes opened them. This remedy like by the Lynn. -) onthey which outsists between the feet and the bowels. The existence of this Sympathy is evident from Cold but Io Often inducing the

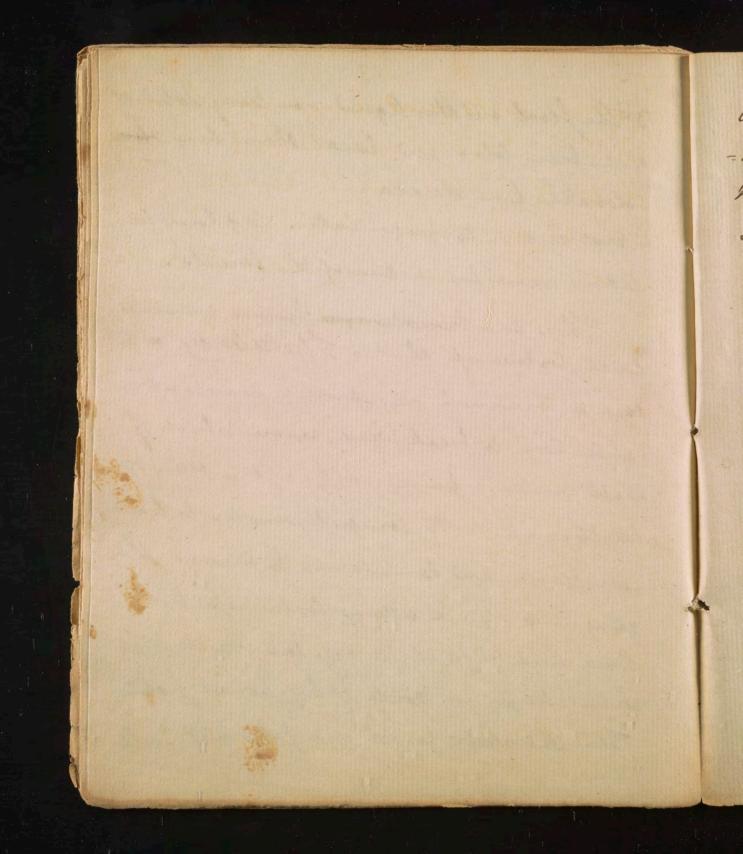


Colis .

1 all the remote Causes of the disease floured be removed. It it arise from bour so indusated, that they cannot be difform removed by purges, nor difsolved by glysters, they thould be extracted by means of a Levop, or with Its fingers - if from any substance anidentally and sticking in the return, built the bringers, - if - from Condylowath which act by marrowing the papage this the anno, - they should be destrong removed by means of ligatures, - if from worms, - worm endicines should be comployed to dislodge them. we enay amays know the bowels to be natural and healthy flate by the following marks. I Stool a day, and that in the mor-= ering. 2 no wind preceding it.



3 The flool wither liquid, nor very solid, of a bahvir Color, and Joeal Odor. " here Home Colorata, here oberata! 4 bot cut into fragments. It shows ini: - tation upon some one of the bowels. There is a troubt some disease connected with Contiverely that is flatulency or to lesse a Common expression à constant inn = chination to break wind "sapon which of Thall make a few remarks. It is Often to troublesome as to compel persons to have Company, and Sometimes to prevent their going into it. It attends los timenes, but of have enet with it in regular browls. It severs chiefly in gonty I hys looical habits. The Remedies for it are folio diet, well



woked, tousted bread, ginger tea, horse ra.

- Dish, emstand, the hineture of hepapetidade
the vil of annher, and the remedies formerly
mentioned to remove Continues if it be
auverpanied with that flate of the bowels.

